

WHAT'S ON YOUR PLATE, MATE?

It's Not Just You:
Everyone Is Struggling.

Life's challenges are not supposed to paralyse you. Take back control over your life.

In cooperation with the
Hume City Council

JWCC Counselling + Coaching
offers you
Coffee + Carbs + Conversation ...

Our shout. No strings attached.

**DON'T MISS OUT ON THIS
AWESOME OPPORTUNITY!**



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GO MENTAL !

When was the last time you had a look at your life?

What is working and what's not?

Let's have a look and see what can be done.

This breakfast-workshop offers a chance to do just that.

Do it for yourself, your family and for your employees.

It will be a short pragmatic get together, in which we will talk about some handy mindtools that you can add to your toolbox, whilst enjoying breakfast.

This FREE offering is funded by the
Hume City Council for the first
25 businesses that register.

Register here: jwcc.online

or email us your questions:

me@juliewacker.com.au

or call us: 0404 878 468

The first step is easy, it's just a phone call.

